



## Nappy Changing and Intimate Care Policy

### PURPOSE(S):

#### **The main aims of this policy and associated guidance are:**

- To safeguard the rights and promote the welfare of children.
- To provide guidance and reassurance to staff who are required to change a child's diaper.
- To assure parents/carer that staff are knowledgeable about personal care and that their individual concerns are taken into account.
- To protect children from discrimination and ensure inclusion for all.
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#### **Basic principles:**

At Little Haven Nursery we will keep in mind the following principles while changing the Nappy:

- Children have the right to feel safe and secure.
- Children will be respected and valued as individuals.
- Children have a right to privacy/dignity when staff are meeting their needs.

A child's understanding of toileting procedure is designed to lead him/her to independence.

#### **Vulnerability to Abuse:**

We will ensure that all staff are familiar with our Safeguarding Children Policy and Procedures to protect children from any form of abuse.

They will also be made aware that they are vulnerable to accusations of abuse while attending to nappy changing procedure and therefore should act in accordance with agreed procedures.

#### **Working with Parents/carers:**

We will work with parents/carers when attending to nappy changing routine,

If a child has any disability or medical needs that may affect their personal care routine, an Individual Education Plan (IEP) and Health Care Plan will be drawn up in agreement with parents/carers.

Parents will be asked when the child first starts whether or not their child has any special words/actions/particular needs during the nappy changing procedure.



Any significant observations made during a nappy changing procedure will be notified to parents at the end of the session. (i.e. badly soiled nappy, strong urine, loose stools etc.)

### **Protection for the staff:**

Staff will be trained in good working practices which comply with Health and Safety regulations as set out in our Health and Safety Policy.

Where staffs are concerned about a child's actions or comments whilst carrying out the personal care procedure; this should be recorded and discussed with the Nursery Manager immediately.

Risk Assessments will be carried out for Toileting and Nappy Changing Procedures.

Staff will be Trained in the area of Intimate/Personal care for children with specific needs and procedure for safe moving and handling.

### **Nappy Changing Procedure:**

- Gather all the necessary items before each nappy change for e.g. Nappy, wipes, cream if necessary (each child should have their own cream), garbage bag.
- Put on gloves and apron. Use new set of gloves for each nappy change.
- Place the child on nappy changing mat and apply belts.
- Remove the child's clothing to access the nappy. Remove the nappy and place it inside the garbage bag.
- If the child's clothes are soiled, you should bag them separately and sent them home.
- Using the wipes or cotton balls with water clean the child from front to back and place the used wipes in garbage bag.
- Put the clean nappy and apply cream if necessary.
- Take of the gloves and apron and place them in the bin.
- Dress the child.
- Help the child to wash the hands with liquid soap, warm water.
- Wash your hands with liquid soap.
- Take the child back to the room. Return to the nappy changing area and using antibacterial spray and paper towel clean the changing mat, surrounding area and underneath the mat before leaving to dry and wash and dry your hands.

### **Items Needed**

- Bin specifically for nappy disposal.
- Disposable aprons.
- Disposable gloves.
- Fresh nappy.



- Antibacterial spray
- Paper towels.
- Liquid soap.
- Wipes or bowl of water with cotton balls.

**Personal Protective Equipment (PPE):**

Disposable non-powdered vinyl or latex-free gloves, disposable plastic aprons and Masks.

Wear PPE while handling soiled items. Children's soiled clothing should be bagged to go home, never rinse by hand.

